

home book

LA BASTIDE HAUTE
Sayence



english version



Welcome to LA BASTIDE HAUTE

Dear travellers,

We are very happy to welcome you to our family home LA BASTIDE HAUTE.

We hope you will feel at home here and have a great time.

You will find in this welcome booklet a lot of useful informations so that your stay takes place in the best conditions.

LA BASTIDE HAUTE, nestled in the heart of the Var, is a unique place bathed in tranquility and serenity.

We invite you to take full advantage of the facilities of our house, spend pleasant moments by the pool, relax on the large sunny terrace or in the games room.

The region is also very rich in activities and we invite you to consult this brochure which can give you ideas for excursions as a couple, in a group or as a family.

Part of our family is from *Sayence* and we are very attached to this region.

Today we have the opportunity to revive this house and to be able to welcome travelers from all over the world.

To accompany you throughout your stay, Caroline Johnson will be at your disposal and can be contacted at 06 73 89 21 85.

We wish you a very pleasant stay.

ACHARD family





home book

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GENERAL INFORMATION



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INFORMATIONS | About La Bastide Haute

La Bastide Haute is first and foremost a present. A gift from Marcel Gombert, our maternal grandfather to his wife.

Marcel Gombert was then a real estate builder in the Provence-Alpes region and particularly in the city of Toulon.

However, he remained very attached to the Pays de Fayence where his family was from. In 1966, he had this magnificent villa built, of which only the first floor was furnished and habitable.

A man of the field and a hard worker, he founded the SOGECIM Company, which developed a construction and property management activity in the Toulon area.

This know-how was then transmitted between generations. First through our parents, then through us his grandchildren.

Years later, always looking for new projects, we looked at this house, unfortunately somewhat forgotten.

We therefore decided in 2020 to undertake major interior and exterior renovation work.

The SOGECIM company, which had the necessary means, acquired this house in order to carry out the work. We then surrounded ourselves with a team of skilled craftsmen from the region and selected high-end materials to enhance our work.

We would also like to thank our architect, Brigitte Carteret, who has overseen the entire project brilliantly since the end of 2020.

Two years later, in 2022, with the work completed and proud of the work accomplished, we were able to welcome our first tenants for the month of August.

In these lines, we are happy to share with you, dear tenants, a little of this history which since the 60s has brought us so far...



INFORMATIONS | Emergency Numbers

EMERGENCIES : ☎ 112

SAMU (medical emergencies) : ☎ 15

POLICE : ☎ 17

FIREFIGHTERS : ☎ 18

MEDICAL CENTER :

3 Place de la Brèche 83440 Fayence

☎ 04 94 76 03 46

NURSES :

Campagna Benjamin

11 Rue Camille Laroute, 83440 Fayence

☎ 07 87 18 94 48

Huguenot Angélique

Adresse : 41 Av. Robert Fabre, 83440 Fayence

☎ 06 24 64 60 72

HOSPITALS :

Grasse Hospital Center

Chemin de Clavary BP 53149, 06135 Grasse

☎ 04 93 09 55 55  38 min (30 km)

Dracénie Hospital Center

Route de Montferrat BP 249, 83007 Draguignan

☎ 04 94 60 50 00  42 min (35 km)



INFORMATIONS | To Know

ARRIVAL AND DEPARTURE

Arrivals at La Bastide Haute are from 4 p.m. on the day of booking until 8 p.m.

Check-outs must take place before 10 a.m. on the day of departure.

Your reception and your departure (delivery and return of the keys) is ensured by Caroline Johnson. Ms. Johnson has worked as a professional concierge in the Pays de Fayence region for many years and will be on hand throughout your stay. You can reach her on 06 73 89 21 85.

On the day of your arrival, a deposit of 2000 euros in two checks (€1850 + €150) will be requested and will be recovered by Mrs. Johnson who will return it to you on your departure if no damage is found. The deposit of €150 will be exclusively assigned to the cleanliness of the accommodation on your departure.

We would be grateful if you would leave the house in the state in which you found it, kitchen and bathrooms clean, fridge and bins empty. Otherwise we will be forced to keep the "cleaning" deposit of €150.

CAR PARK

You can park your vehicle outside the garden enclosure (just in front of the gate) or inside the enclosure.

From the small climb you are on the property, so free with your vehicles.

We advise you to park just before the gate, in the recess set up for this purpose, so your vehicles will not interfere with the tranquility of the rental.

ANIMALS

Our travelers are authorized to bring their pets to La Bastide Haute for an additional €100. For dogs, only small and medium-sized ones are allowed. Out of respect for your hosts, please clean up any excrement. In the event of non-compliance with this rule, we may withhold part of your deposit. However, animals are not allowed in the swimming pool area.



SMOKERS

You are free to smoke outside the house but only on the terraces. Make sure your cigarettes are extinguished to avoid the risk of fire and please use the ashtrays provided for this purpose.

HOUSEHOLD WASTE / SELECTIVE SORTING

The collection of household waste and selective sorting is carried out at collection points distributed throughout the territory of the community of communes of the Pays de Fayence (<https://www.cc-paysdefayence.fr/dechets/collecte-selective/>).

Several sorting containers are accessible at collection points.

- Household waste (the minimum, everything that cannot be sorted) ■■■
- Paper (newspapers, letters, envelopes, flyers, magazines, etc.) ■■■■
- Packaging (trays, aerosols, metal boxes, jars, flexible or rigid packaging, metal packaging, food cartons, glass jar lids, etc.) ■■■■
- Glass (bottles, jars and glass jars without lids) ■■■■

We therefore ask you to kindly sort your waste as much as possible and take it to the collection points. To help you, here is a map with the collection points closest to the house :





INFORMATIONS | Coming to La Bastide Haute

BY PLANE

The nearest airport to La Bastide Haute is Nice Côte d'Azur International Airport. However, the airports of Hyères and Marseille remain at an acceptable distance depending on the origin of your plane. Then you will need to rent a car to get there.

BY TRAIN

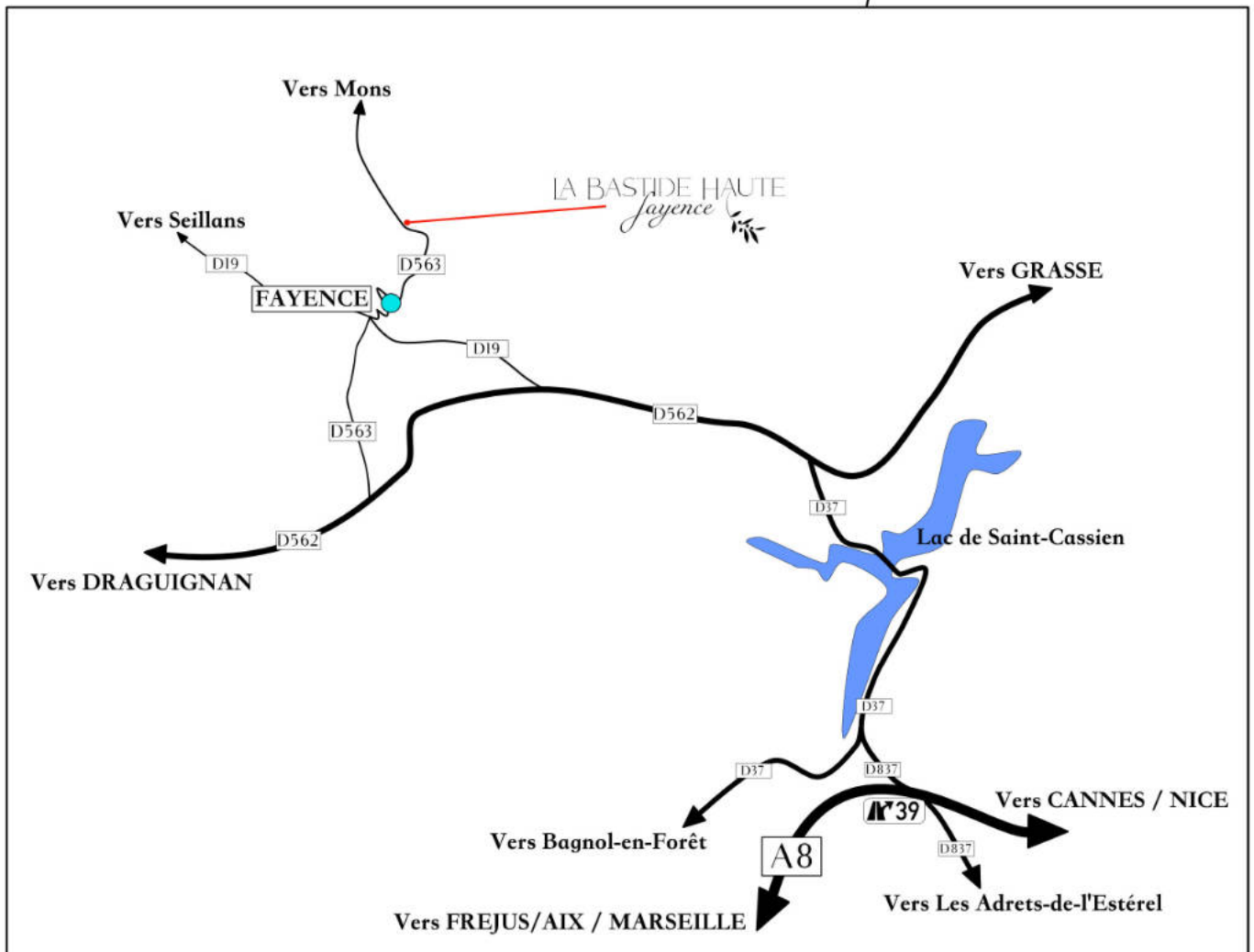
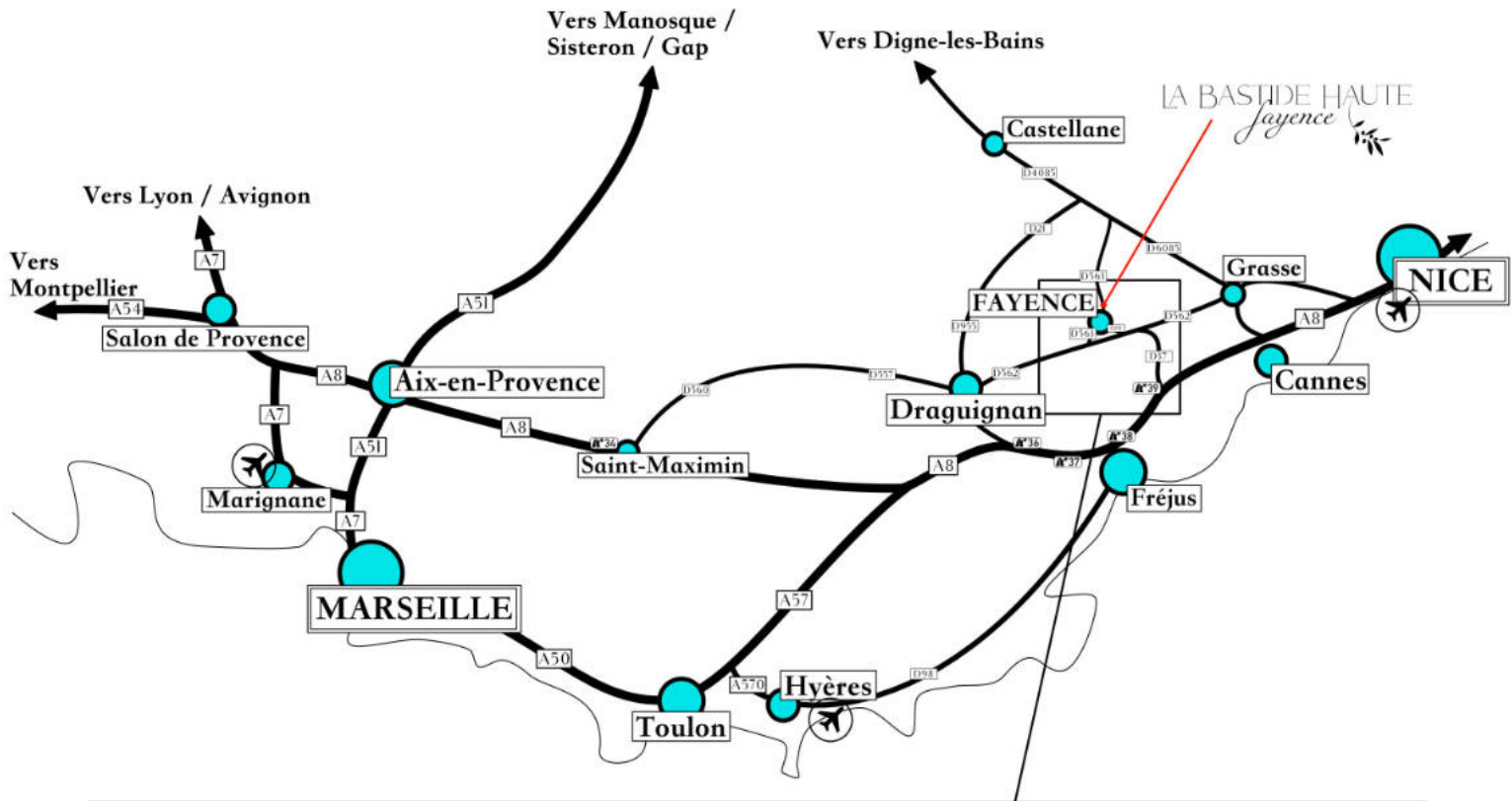
Many nearby towns have a train station. The most important are: Nice, Cannes, Draguignan, Fréjus, Toulon, Aix-en-Provence or Marseille. Then you will need to rent a car to get there.

BY CAR

There are several possible ways to get to La Bastide Haute. The simplest :

- Join the A8 (Motorway)
- Take the A8 exit n° 39 (Fayence / Les Adrets)
- Head towards Fayence on the D837 (be careful if you take exit n° 39 and you are going towards Nice you will have to make a U-turn at the first roundabout just after the exit in order to cross the motorway).
- Continue straight on the D37 towards Fayence and Lac de Saint-Cassien.
- After the lake, continue to the next roundabout and turn left on the D562 towards Draguignan/Fayence.
- After a few roundabouts on the D562, you will arrive at the junction with the D19 towards Fayence. It's over there.
- Follow Fayence and head towards the center of the village by the D563.
- Completely cross the village. Once past the village, continue on the D563 for just under 2 km.
- After a major bend (to the left) you still have about 400 m to go. Slow down as the property is on the right. There is a small slop to climb.

- Here are the GPS coordinates of our property: 43.636616, 6.697905
- Physical address: 456 Route de Mons 83440 Fayence (on GoogleMaps it works very well).
- An entrance panel bearing the name La Bastide Haute as well as wrought iron numbers are visible from the road.





ACCOMMODATION



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ACCOMMODATION | House Cleaning & Informations

HOUSE CLEANING

At La Bastide Haute, the house is cleaned between each stay by a team of professionals. However, we ask that guests leave the property in the same condition as when they arrived and respect the 10am departure time, so that we can prepare the property for the next travellers. You must leave kitchen appliances (ovens, refrigerators and dishwashers), dishes, kitchen utensils and bathrooms clean. If the villa is left in an unacceptable state of cleanliness, we may withhold all or part of your “cleaning” deposit.

We have also provided all the cleaning necessities (vacuum cleaner, brooms, bucket, mop...).

HOUSEHOLD LINEN

Your vacation rental includes a welcome pack: sheets and towels. On your arrival, the beds will be made according to the information we have received before.

You will find a washing machine in the cupboard of the games room as well as a tancarville drying rack if you wish to wash your linen during the rental.

WASTE TREATMENT AND RECYCLING

Remember to empty your waste regularly and before your departure. Please recycle and sort your waste as much as possible by using the sorting containers of the Pays de Fayence community (see page 13).

When you leave, please leave all the bins empty (kitchen and bathrooms).



ACCOMMODATION | Air conditioning & heating

AIR CONDITIONING AND HEATING

La Bastide Haute is equipped with a reversible air conditioning system inducts with several thermostats each controlling different parts of the house.

Each bedroom, the living room, the dining room, the kitchen and the games room have the possibility of separate programming.

Below you can scan these QR-Codes to get the remote control user manuals in .pdf.

Français



English



The paper manuals are also in each of the rooms and bedrooms in the various cupboards or chests of drawers as the case may be.

We ask that you use air conditioning with common sense and avoid extreme temperatures. This allows considerable energy savings and is beneficial for the planet. In summer you can perfectly leave the air conditioning running at 24° C in all rooms continuously, this will be much more effective than periodically lowering the air conditioning below 20° C...

Also, in winter, an interior temperature of 20° C is sufficient if it is distributed continuously.



ACCOMMODATION | Waste

WASTE WATER AND PLUMBING

La Bastide Haute's waste water drainage network is connected to a septic tank (non-collective sanitation) operating biologically by filtration through walnut shells.

This ecological system is very sensitive to non-biodegradable materials. For this, please dispose of all hygienic products, including baby wipes and periodic protection in the trash and not in the toilet.

If you have any problems operating a sanitary device (showers, bathtubs, drains, taps, etc.), do not hesitate to contact our concierge or our company directly.





ACCOMMODATION | Security

SECURITY

La Bastide Haute is a peaceful and secure place. All installations comply with French safety standards, including the height of barriers, locks, window protection, etc...

The land is fully enclosed and the gate closes automatically. However, borders are always permeable and you must know where your children are at all times.

The road that passes in front of the house can be very dangerous because the speed of vehicles is on average 70 km/h. This is why we ask you to be vigilant when opening the entrance gate.

In Provence, many lands are laid out in terraces and La Bastide Haute is no exception. Most are not very tall but care should be taken with younger children when out in the garden.

The pool is secured by a barrier and a gate to child safety standards, as well as an electric roller shutter. However, we remind you that no safety device can ever replace parental vigilance. It is their responsibility to ensure the supervision and safety of their children at all times.

FIRE EXTINGUISHERS

La Bastide Haute has two fire extinguishers. The first is located in the hallway cupboard on the upper floor and the second in the hallway cupboard on the ground floor. Both are different and are specific to different types of fire.

Please familiarize yourself with the location and operation of fire extinguishers at the start of your stay.

SMOKE DETECTORS

La Bastide Haute has two smoke detectors. The first is placed in the corridor of the upper floor and the second in the hallway of the stairs on the ground floor. The detectors are checked regularly and they work. If by chance, a detector beeps inopportunely, then its batteries must be changed. Please report it as soon as possible to our concierge who will do the necessary.



ALARM

La Bastide Haute is equipped with an alarm system. It is deactivated during the stays of our tenants. So you don't have to worry about it. Please do not touch the control unit located in the entrance or the other security installations.

AREA

The villages and surroundings of La Bastide Haute are generally very safe. Normal vigilance is required as everywhere, but serious offenses are very rare.

NEIGHBORHOOD

You will have noticed that La Bastide Haute is in the countryside in a quiet and peaceful setting. However, we have a few neighbors. Please respect them by avoiding excessive noise (music) after 10 p.m. We also remind you that parties and events are not allowed at La Bastide Haute.



ACCOMMODATION | Kitchen & Barbecue

THE KITCHEN

We have equipped our kitchen with everything necessary. You will find in the appendix of this booklet an inventory of the equipment available. If you notice a missing or broken item, please report it as soon as possible to our concierge service. We will ask you to leave the devices used clean and in working order. The instructions for use of the appliances are stored in a drawer in the kitchen.

INDUCTION HOB & OVENS

Induction hob - model Electrolux BIT60336BK - Notices below (scan the QR-Codes) :

French



English



Microwave - model Essentiel B EMEG253n - Notices below (scan the QR-Codes) :



French, English...

Oven - model Whirlpool AKZ96240IX - Notices below (scan the QR-Codes) :

French



English





THE COFFEE MACHINE

La Bastide Haute is equipped with a Nespresso coffee machine and a welcome pack of pods. Fill the tank with cold water, raise the handle, put down a coffee pod and lower the handle. Put a cup under the spout. Press one of the top buttons (both buttons flash during the pre-heating phase). When the lights stop flashing, press the cup size you want, the coffee will be served. The small and large cup sizes have been adjusted beforehand in relation to the dishes present in the house (espresso cup and mug), so you do not need to adjust the machine. However, if it goes out of adjustment, to re-calibrate it, all you have to do is hold the button corresponding to our cups throughout the filling process and release it once the cup is correctly filled. The machine is thus re-calibrated.

Please clean the device from time to time and before your departure.

BARBECUE

La Bastide Haute is equipped with an electric barbecue. This is on the terrace. We made the choice of electric because of the danger of other methods and the risk of fire.

Barbecue - model Napoléon Travel q - Notices below (scan the QR-Codes) :



French, English...

We will ask you to properly clean the barbecue after use and before you leave.

FRIDGE / FREEZER

The refrigerator and freezer are optimally set, so you do not need to change their programming.

We will ask our customers to leave the fridge and freezer empty of all foodstuffs when they leave.



ACCOMMODATION | Swimming Pool

La Bastide Haute's swimming pool is located in a fully enclosed area to ensure everyone's safety, especially children.

The height of the fence and the access gate comply with the regulatory standards of French law. However, we ask you for the greatest vigilance, especially with regard to the supervision of your children. A panel recalling the basic rules has been affixed to the access portal.

Children entering the secure pool area must absolutely be accompanied by a responsible adult.

The pool does not have an alarm.

The depth is linear at 1.40 m.

We remind you that children who cannot swim properly must be equipped with buoys, armbands etc...

MAINTENANCE

A maintenance contract has been signed so that the pool is regularly cleaned. Cleaning is weekly during the summer and the visit is scheduled for Thursday (this day may be subject to last minute changes depending on the schedules of the company in charge of cleaning). The company is entirely autonomous and has its own means of access.

POOL HEATING

We have equipped the swimming pool with a heat pump in order to have a constant temperature of our water from April to October (depending on the climatic conditions for the extreme months). We calibrated the temperature to 28° C. If we find too low temperatures during the months of April and October, we could not guarantee the water temperature.

ROLLER SHUTTER

The rolling shutter is operated using a key located on the back wall of the pool. To open, turn the key to the left. To close, turn the key to the right (while holding). To stop during opening, turn the key to the right. Please stop opening as soon as the flap is flush with the boot.



ACCOMMODATION | Game Room

At La Bastide Haute we want our customers to feel particularly comfortable ; this is why we decided to set up a relaxation and games room.

You will find many games for the whole family, including :

- Games for young children and babies (wooden trains, play mats, toy cars, early learning games, etc.)
- Puzzles for all ages
- Board games (Monopoly, Good Pay ...)
- Card games
- The great classics (Chess, Checkers, Small-horses ...)

Most of the games for children and babies are in the wicker trunk, while the other games are stored in the cupboard.

We will ask you to take care of it and put the games in order after use.

BABY FOOT

For older children, a table football has been installed in this room. We will ask adults to ensure that it does not suffer any damage.

DVDs

We have equipped the room with a DVD player and DVDs are available in the TV cabinet, another part in the library and DVDs for children in the games cupboard. Please return the DVDs to their boxes after use.

MUSIC

You will also find a Bluetooth audio player. Please take care of it and avoid listening to loud music outside after 10 p.m. so as not to disturb the neighborhood.



ACCOMMODATION | Internet & Wi-Fi

We have installed optical fiber at La Bastide Haute in order to offer the best possible speed to our customers.

All the living rooms as well as the bedrooms are equipped with RJ45 Ethernet sockets to be able to connect your wired devices if you wish.

For Wi-Fi :

- Select the network : BastideHaute
- Password : lbhfayence66

The tenant agrees to respect the charter of use below :

INTERNET USE CHARTER

The purpose of this document is to define the rules for using the Wifi connection and the Internet network of La Bastide Haute. It specifies in particular the responsibilities of users, in accordance with the legislation and in order to allow normal and optimal use of this Internet service.

REMINDER OF THE HADOPI LAW

"The lessee who has access to the internet undertakes not to use this access for the purposes of reproduction, representation, provision or communication to the public of works or objects protected by a right of author or by a neighboring right, such as texts, images, photographs, musical works, audiovisual works, software and video games, without authorization.

The user is informed that sharing software, when connected to the internet, can automatically make downloaded files available. If sharing software has been used to download protected works, it is best to deactivate it.

The tenant is also required to comply with the security policy defined by the owner as well as the rules for the use of the network and computer equipment.»



RULES OF USE

Each user is legally responsible for the use he makes of this connection. He undertakes to respect the rules of computer ethics and in particular:

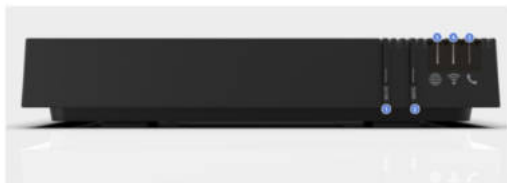
- do not disclose the network password to others
- to report any problem with the equipment to the rental manager
- to use the means made available to it in accordance with the laws and regulations in force, and in particular:
 - o not to consult sites of a racist, pedophile nature or inciting hatred and violence.
 - o not to commit offenses and acts of piracy affecting the rights of others and the safety of persons.
 - o not to intentionally carry out transactions which could have the following consequences:
- hide their true identity
- to alter, modify data or access information belonging to other network users
- to interrupt or disrupt the normal operation of the network or a system connected to the network
- to modify or destroy information on one of the systems
- to connect or attempt to connect to a site without being authorized to do so

This charter is also displayed in the living room. We ask you to respect it scrupulously.

THE INTERNET BOX

If by chance a network problem occurs and the box needs to be reinitialized, it can be found in the cupboard in the ground floor hallway.

Do not hesitate to contact us if you encounter any problem.



- 1 Bouton Wi-Fi**
Permet d'activer ou de désactiver le Wi-Fi
- 2 Bouton WPS**
Pour connecter facilement un équipement Wi-Fi.
- 3 Voyant Internet**
- 4 Voyant Wi-Fi**
- 5 Voyant Téléphone**



- 1 Prises téléphone**
Permet d'utiliser le téléphone par internet.
- 2 Prises Ethernet**
Permet de connecter un ordinateur, un décodeur TV, un Répéteur Wifi en mode point d'accès.
Remarque : la prise verte n°4 permet de raccorder un Boîtier Fibre. Consultez le guide du boîtier Fibre.
- 3 Bouton Reset**
Permet de reconfigurer la Livebox en conservant vos réglages.
- 4 Prise USB**
Pour raccorder des périphériques compatibles avec la Livebox comme une clé USB, un disque dur ou une imprimante.
- 5 Prise Fibre**
Permet de raccorder la Livebox à la prise murale Fibre.
- 6 Bouton service**
Permet de tester le fonctionnement de la Livebox.
- 7 Alimentation**
Utilisez uniquement le bloc d'alimentation fourni avec la Livebox 5.
- 8 Bouton Marche/Arrêt**
Permet d'allumer ou d'éteindre la Livebox.
Attention : lorsque la Livebox est éteinte, les services liés à la Livebox (Internet, Téléphone par internet, TV...) ne fonctionnent pas.



ACCOMMODATION | Televisions

Our house has two connected televisions.

We have subscribed to Television with Orange, which is our Internet service provider.

To watch TV:

- Turn on the TV with the TV remote control.
- Select HDMI 1 source
- You will then be connected to Orange TV
- Use the Orange remote control to navigate

Our subscription offers a wide choice of free French and international channels.

List of Orange TV channels by scanning the QR Code below:

NB: only "included" channels are available (channels not grayed out on the list).





THE REGION



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THE REGION | Fayence

«Faventia Loca», this is the name that designated the village of Fayence in the 10th century meaning in Latin "pleasant place".

The Village of Fayence, which gave its name to the canton, is one of the 9 perched villages of the East Var. Attractive tourist city, and equipped with an important historical heritage, Fayence has many assets to seduce travelers from all over the world.

Between "Sea and Mountain", built on the side of a hill and facing the Massif de l'Estérel, the village of Fayence will offer you a multitude of squares, terraces, and exciting discoveries. Discover along the streets, the Four du Mitran, the Saracen gate, the Romanesque chapel of Notre-Dame des Cyprès, the Clock Tower and the orientation table and many other nuggets...

For enthusiasts or neophytes, the Fayence-Tourrettes gliding center is a must to learn about glider flight. From the sky you will fly over the perched villages and enjoy an exceptional panorama.



THE REGION | The surrounding villages

Away from the Côte d'Azur and its urban development, the perched villages of the Pays de Fayence invite you to peace and a certain serenity. Wander their alleys and discover what each has to offer in all its authenticity.

BAGNOLS-EN-FORET

Ideal for taking many walks in the forest and enjoying sublime views. The village retains some testimonies of prehistory (oppidum, millstone cuttings) and other curiosities such as the four chapels, the Siagnole fountain and the Gourbachin waterfall.

Do not miss :

- Saint-Antonin Church (17th century)
- Gourbachin Waterfall
- Former Millstone Cutting Mills
- Blavet Gorges

CALLIAN

The particularity of Callian lies in its architectural design and its atypical streets, built in a spiral around the castle. This village has preserved a rich cultural heritage: the church and its bell tower, the chapels. At the top of the village, you will enjoy a superb panorama of the Estérel and Tanneron mountains.

Do not miss :

- Medieval castle with its towers
- Clock tower
- Penitents' chapel and Romanesque chapel
- Château Goerg, residence of the painter and engraver Edouard Goerg



MONS

The highest of the villages in the Canton, Mons is renowned for its grandiose panoramas. Place St Sébastien offers a majestic view where you can make out Corsica on a clear day. From its artistic past, this village has preserved sumptuous Baroque altarpieces listed in the parish church.

Do not miss :

- San Sebastian Square
- Church of Notre-Dame-de-l'Assomption
- Mons house
- The carved rock, made by the Romans
- The Brainée dolmen or the Riens dolmen

MONTAUROUX

Typical Provençal village which can be visited for many reasons such as its festivities, its art of living, its liveliness. Nicknamed the "balcony of the Estérel", its treasure is in the Saint Barthélémy chapel, listed as a historical monument for its rich interior decoration, whose walls are covered with painted wooden panels.

Do not miss :

- Its narrow streets and squares dotted with fountains and washhouses
- Saint-Barthélemy Church
- The Town Hall and its bell tower
- The Siagne Canyon

SAINT-PAULEN-FORET

Located on the edge of the Estérel massif, this village is intended for a nature getaway such as hikes on the shores of Lake Rioutouard, surrounded by a superb forest of cork oaks and white oaks.

Do not miss :

- St. Paul's Church
- Saint-Joseph Chapel
- Pincounillier hill



SEILLANS

Village of craftsmanship, you will be seduced by the many art galleries and the presence of many artists presenting their productions. The tourist office organizes guided tours to show you the jewels of one of the “Most beautiful villages in France”.

Do not miss :

- Museums
- Saint-Léger Church
- The bories

TANNERON

The mimosa village proudly cultivates this typical Mediterranean yellow shrub, the glory of the town. It's a pleasure for the eyes with its sparkling blonde and its honey and vanilla tones fragrance.

Do not miss :

- The mimosa forceries
- Church of Notre-Dame-de-Peygros
- The Chapel of St-Cassien des Bois
- Château de la Verrerie

TOURRETTES

Attractive village with its typical alleys and century-old staircases. From the Place de l'Horloge, you will be dazzled by the sumptuous natural picture of the Maures and Estérel mountains.

Do not miss :

- Saint-André Church and the Chapel of the Penitents
- Clock tower
- The route to the heart of the arts, through the village
- Le Puy castle



THE REGION | Bars & Restaurants

Quality products, fresh and with the scents of Provence, a sweetness of life that invites you to relax over a drink or an excellent meal in one of the many restaurants in the Pays de Fayence.

Here is a selection that will appeal to all palates :

FAYENCE

Le Provençal

Wine and beer bar. Boards to share. Mediterranean cuisine. €€

6 Rue Camille Laroute, 83440 Fayence

☎ 04 94 76 24 91 🏠 5 min (3,5 km)

L'Atelier

Gourmet bistro. Deli. Boards, cheeses, charcuterie.

On site or to take away. €€

16 Place de La République, 83440 Fayence

☎ 04 94 68 33 84 🏠 5 min (3,5 km)

Le Bis café

Homemade pizza. Salads, Italian charcuterie/cheese platters. €€

5 Grande Rue du Château, 83440 Fayence

☎ 06 43 32 69 28 🏠 6 min (3,6 km)

Le 8

A warm and family welcome. Excellent cuisine with the surprising mix of various flavors. At the bend of an alley. Do not miss. €€/€€€

Placette de l'Olivier, 83440 Fayence

☎ 04 94 76 04 38 🏠 7 min (4,1 km)



La Torche

Heartwarming welcome. Reduced menu and high quality dishes. Location of quality close to an old washhouse. €€€

12 Place de La République, 83440 Fayence

☎ 04 94 68 70 82 🏠 5 min (3,5 km)

Le Temps des Cerises

Traditional restaurant and excellent Thai suggestions.

Very warm welcome, shaded terrace. €€€

2 Place de La République, 83440 Fayence

☎ 04 94 76 01 19 🏠 5 min (3,5 km)

Le France

Refined and creative cuisine in a lovely setting. Warm environment. €€€

1 Grande Rue du Château, 83440 Fayence

☎ 04 94 76 00 14 🏠 6 min (3,6 km)

La Farigoulette

Careful and generous local cuisine. 2 forks in the Michelin Guide. €€€

1 Place du Château, 83440 Fayence

☎ 04 94 84 10 49 🏠 6 min (3,6 km)

Le Castelleras

Terrace with superb view. Gastronomic cooking. €€€€

461 Chemin de Peymeyan, 83440 Fayence (direction Seillans)

☎ 04 94 76 13 80 🏠 14 min (8,3 km)

L'Escourtin au Moulin de la Camandoule

Refined cuisine. Several menus and quality card. Nice table. €€€€

159 Chemin de Notre Dame, 83440 Fayence

☎ 04 94 76 00 84 🏠 12 min (6,4 km)



TOURRETTES

Restaurant Les Pins

Simple and refined cuisine. Fresh and seasonal products. €€€

1391 Chemin du Vieux Moulin, 83440 Tourrettes

☎ 04 94 76 06 36 🏠 7 min (4 km)

Le Faventia

Magnificent starry. Sumptuous setting. €€€€

3100 Route de Bagnols-en-Forêt, 83440 Tourrettes

☎ 04 94 39 90 00 🏠 14 min (8 km)

CALLIAN

Le Bellevue

Bar, pizzeria, traditional cuisine. Good quality. In the heart of the village. €€

1 Place Honoré Bourguignon, 83440 Callian

☎ 04 94 50 84 76 🏠 18 min (12,8 km)

Les Marronniers

Bar, Ice-cream parlour, Restaurant. Traditional homemade cuisine based on fresh products. €€

6 Place Honoré Bourguignon, 83440 Callian

☎ 04 94 60 63 42 🏠 18 min (12,8 km)

Au Rendez-vous

Platters of charcuterie, antipasti, bruschetta and salads. And still more...

Very nice terrace with view. €€

2 bis rue Longue, 83440 Callian

☎ 04 94 47 60 26 🏠 21 min (14,1 km)



MONS

L'Auberge Provençale

Careful and homemade work. A very nice discovery and a superb view. €€

7 Rue du Rempart du Midi, 83440 Mons

☎ 04 94 76 38 33

🏠 16 min (12,2 km)

MONTAUX

Auberge La Bécassière

Very good location with quality homemade dishes. €€

RD 562 quartier le plan oriental, 83440 Montaux

☎ 04 94 76 43 96

🏠 20 min (13,9 km)

Le Pré-Claou

On the wooded shores of Lake St-Cassien. Mediterranean cuisine. €€

3100 Route de Bagnols-en-Forêt, 83440 Tourettes

☎ 06 10 82 03 63

🏠 18 min (12,6 km)

SEILLANS

La Gloire de mon père

Authentic Provençal atmosphere. Panoramic view. €€

1 Place du Thouron, 83440 Seillans

☎ 04 94 60 18 65

🏠 17 min (9,7 km)

Chez Hugo

Gastronomic restaurant. Regional cooking. €€€

4 Rue de l'Hospice, 83440 Seillans

☎ 04 94 85 54 70

🏠 15 min (9,1 km)

CALLAS

Hostellerie des Gorges de Pennafort

Gastronomic cooking. Enchanting setting. Tradition and generosity. €€€€

8660 RD 25, 83830 Callas

☎ 04 94 76 66 51

🏠 30 min (25,8 km)



THE REGION | Vineyards

DOMAINE LA GRANDE BASTIDE

The Domaine de la Grande Bastide vineyard is located in the pretty countryside of Tourrettes in the Var, on the plain of the canton of Fayence. Discreet vineyard, it nevertheless produces excellent products. In addition to the estate's cuvées with a very good price/quality ratio, the Domaine de la Grande Bastide also offers a selection of Côtes-du-Rhône wines, champagnes and delicatessen products.

Adresse : 397 Route de la Grande Bastide, 83440 Tourrettes

☎ 04 94 76 00 74 / www.grandebastide.fr 🏠 10 min (5,1 km)

CHATEAU DES SELVES

Benefiting from the AOP Côtes-de-Provence in the municipalities of Seillans, Saint Paul-en-Forêt and Callas, the Château des Selves is located on the terroir of the Prealps. A magnificent estate, the Château des Selves offers an event room as well as a panoramic terrace with an exceptional view. Château des Selves also produces its own olive oil.

Adresse : 310 Chemin de l'Oratoire, 83440 Seillans

☎ 04 94 76 84 61 / www.chateaudesselves.com 🏠 17 min (11,5 km)

BASTIDE DU PLAN

Located at the foot of the village of Callas, La Bastide du plan is a magnificent estate. The JUST family will welcome you there to share their passion : wine. In addition to the wines, you will find succulent local products for sale. Events are also organized during the summer.

Adresse : 197 Le Plan Ouest, 83830 Callas

☎ 04 94 84 00 21 / www.domainebastideduplan.fr 🏠 30 min (24,9 km)



DOMAINE DU JAS D'ESCLANS

The name “Jas” is synonymous with “Mas” and sheepfold. Indeed, the Estate has carried out three activities over the centuries: Sheepfold of transhumance of which there remain the buildings, important silkworm whose alleys of mulberry trees have been preserved and the current vineyard. The vineyard, 50 hectares in production, is planted with the most noble Provençal grape varieties: Grenache, Mourvèdre, Syrah, Cinsault, and Tibouren for the rosés and reds, and Ugni Blanc, Clairette and Rolle for the whites.

Adresse : 3094 Route de Callas, 83920 La Motte

☎ 04 98 10 29 29 / www.jasdesclans.fr

🏠 37 min (31,2 km)

CHATEAU DES DEMOISELLES

The Château des Demoiselles is a magnificent 300-hectare vineyard, green and wooded, located in La Motte in the Var and which was once owned by the Grimaldis of Monaco.

Adresse : 2040 Route de Callas, 83920 La Motte

☎ 04 94 70 28 78 / www.chateaudesdemoiselles.com

🏠 37 min (31,8 km)

CHATEAU D'ESCLANS

A domain that cultivates the exception. Sacha Lichine, visionary and ambitious owner of the estate, produces at La Motte some of the best rosés in the world. Atypical rosés for keeping, which invite themselves into the greatest restaurants and hotels on the planet.

Adresse : 4005 Route de Callas, 83920 La Motte

☎ 04 94 60 40 40

🏠 34 min (28 km)



THE REGION | Useful addresses

CITY HALL :

Adresse : 2 Place de la république, 83440 Fayence

☎ 04 94 39 15 00

PHARMACIES :

Pharmacie du Village

Adresse : 14 Avenue René Cassin, 83440 Fayence

☎ 04 94 76 00 61 🏠 4 min (3,3 km)

Pharmacie Galaup Serot

Adresse : 726 Route de Fréjus, 83440 Fayence

☎ 04 94 76 13 84 🏠 13 min (7,3 km)

THE POST OFFICE :

Adresse : 2 Bd de l'Annonciade, 83440 Fayence

BANKS :

HSBC

Adresse : 55 Bd du 19 Mars 1962, 83440 Fayence

Crédit Agricole

Adresse : 13 Bd de Tourrettes, 83440 Fayence

CIC

Adresse : 45 Avenue Robert Fabre, 83440 Fayence

LCL

Adresse : 45 Avenue Robert Fabre, 83440 Fayence

Société Générale

Adresse : Route de la Gare, 83440 Fayence

Caisse d'Epargne

Adresse : 2 place Léon Roux, 83440 Fayence



HAIRDRESSERS / BEAUTICIANS :

B&R Coiffure

Adresse : 41 Avenue Robert Fabre, 83440 Fayence

☎ 06 20 46 73 86

Camoan Coiffure

Adresse : 1008 Route de Fréjus, 83440 Fayence

☎ 04 94 76 74 86

Classico Barber (hommes)

Adresse : 3 Bd de Tourrettes, 83440 Fayence

☎ 06 43 01 42 49

HairStyle's Domicile (coiffeur à domicile)

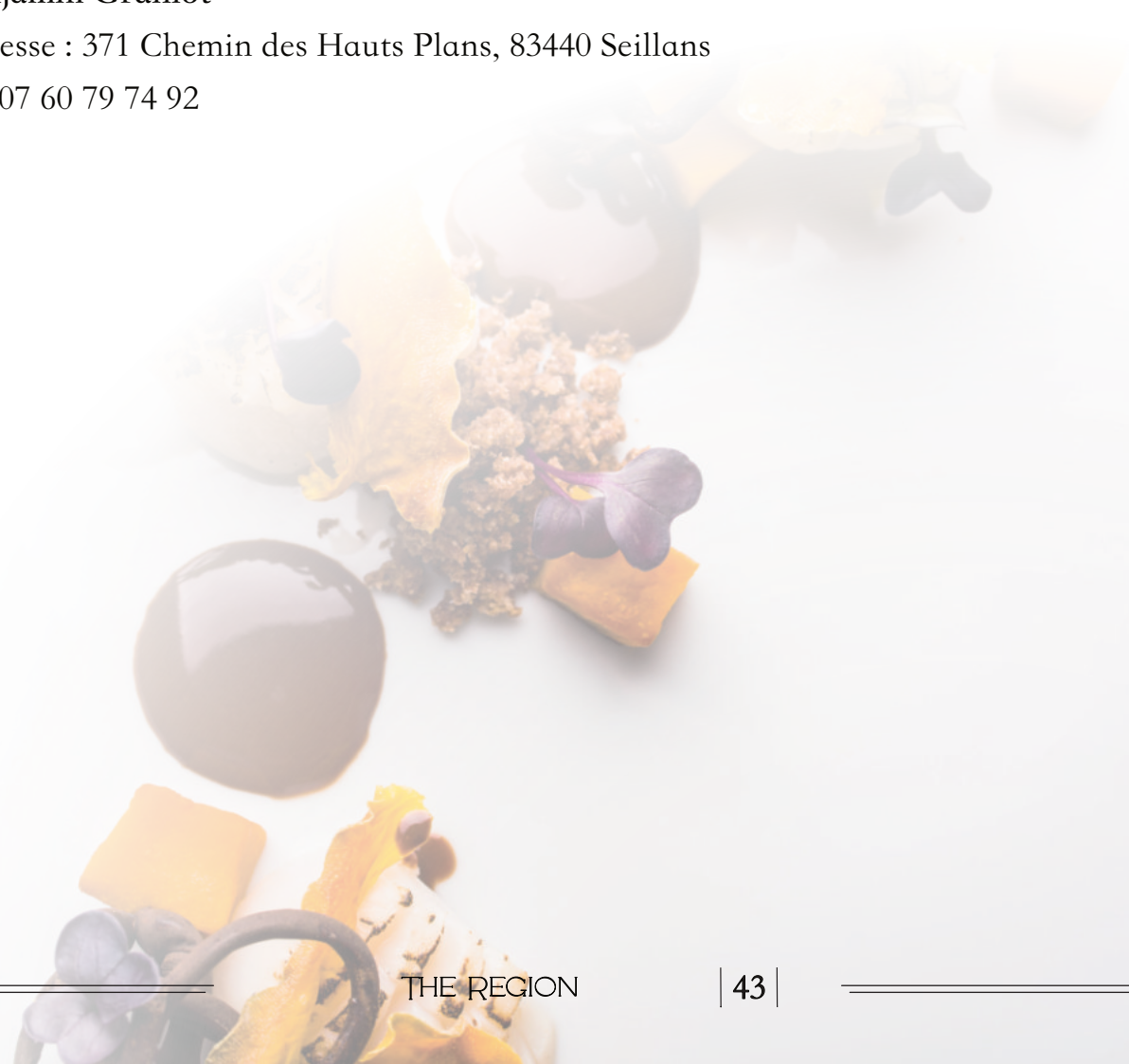
☎ 06 60 71 85 97

HOME CHEFS :

Benjamin Graillot

Adresse : 371 Chemin des Hauts Plans, 83440 Seillans

☎ 07 60 79 74 92





THE REGION | To go shopping

Super U

Deliveries and Drive.

86 Route de Fréjus, 83440 Fayence

Supérette Vival

2 route de Mons, 83440 Fayence

Bakery

20 Place de la République, 83440 Fayence

Bakery Pastry Servais

Résidence Saint-Christophe CD 19, 83440 Fayence

Caterer / Grocery

«Le Petit France»

4 Grande rue du château, 83440 Fayence

Primeur

«Coté Primeurs Coté Fleurs»

1000 Route de Fréjus, 83440 Fayence

wine shop

«Cave de Fayence»

1 Place Léon Roux, 83440 Fayence

Butcher's shop

«Boucherie du Canton»

Avenue Robert Fabre, 83440 Fayence

Tobacco store

«Tabac Saint-christophe»

24 Avenue Saint-Christophe, 83440 Fayence



roulettoise
IN QUATRE ÉTOILES SOUS
Huile d'Olive
Verge Extra
extraite à froid
Moulin de l'olivette
MANOSQUE
50 cl

9.90 €

MÉDAILLE
D'OR
PARIS 2018

Moulin de l'olivette
MANOSQUE
Huile d'Olive
Verge Extra
50 cl

MÉDAILLE
D'OR
PARIS 2018

Moulin de l'olivette
MANOSQUE
Huile d'Olive
Verge Extra
50 cl

MÉDAILLE
D'OR
PARIS 2018

Moulin de l'olivette
MANOSQUE
Huile d'Olive
Verge Extra
50 cl

Huile d'olive



VISITS AND ACTIVITIES



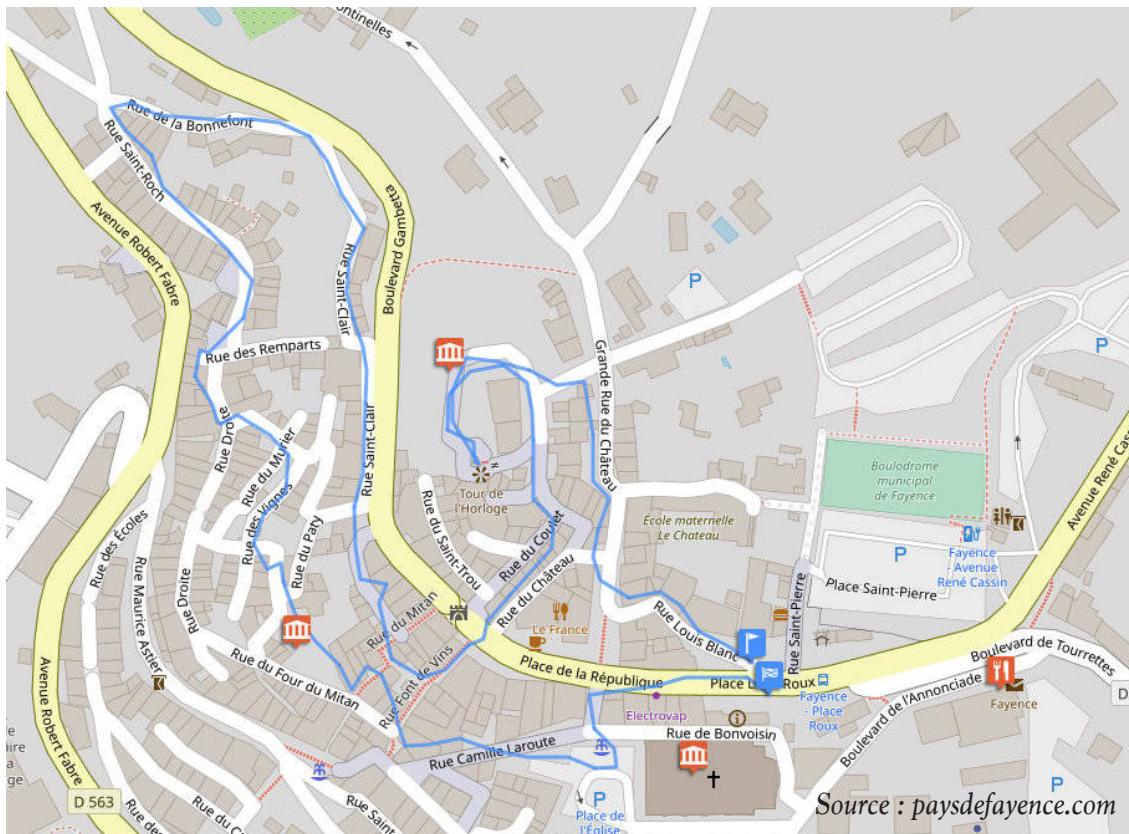
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VISITS AND ACTIVITIES | History and Heritage

The Pays de Fayence is full of rich history and heritage. Wander around and discover remarkable sites : fountains, chapels, churches, altarpieces, dolmens, bell towers, Roman bridges, castles and museums...

FAYENCE HERITAGE TOUR - 1,5 KM - 1 H



From the free Saint-Pierre car park, follow the route and go through :

La Porte Baroque : at n°2 Rue Louis Blanc. Dates from the 18th century.

The Porte du Coulet and the ramparts : One of the 7 entrance gates to the ramparts, characterized by the surrounding wall and its arrow slits from the 13th century.

The Watchtower : Last vestige of the Castle. This tower was the surveillance post to warn of possible enemy attacks.



The Château des Evêques : Built in the 14th century, restored in the 16th century, it was finally razed in the 18th century because it was deemed too expensive by Monseigneur de Fleury, Louis XV's Minister of Finance.

Clock Tower : Inaugurated in 1808, the Clock Tower and its bell tower dominate the village from its height. 360° panoramic view over the entire valley and over the rooftops of the village. The highest point of the village, it is the faithful companion of the inhabitants of Fayence : the clock has been telling its time day after day for more than 2 centuries.

The Porch of the Hôtel de Ville : Built in 1865 under Napoleon III, a passage had to be dug for the construction of the road. On the right pillar, two mascarons, remains of a fountain.

Le Four Saint-Clair : Former banal bread oven from the 19th century.

The Fountain and the washhouse of Bonnefont : Fountain in the shape of a scallop shell, emblem of Santiago de Compostela. The wash house dates from the end of the 19th century, there are 7 of them in the village.

The Saracen Gate : This listed vestige from the 13th century, at the bottom of the village, has preserved the battlements and the operating grooves of the portcullis which closed the entrance to the town.

The Hospital of the Holy Spirit : Here was a hospice run by monks who treated the sick and destitute free of charge.

Four du Mitran : In the heart of the picturesque streets of old Fayence is an old communal bread oven. Thus this venerable oven, impressive in size, tells its astonishing and unusual story, with characters in 1897 costume and surrounded by all the objects of the time.

The Gate of the Barrack

Saint-Jean Baptiste Church : Built in 1783. It is the third largest church in the Var by its dimensions, in the form of a rectangle 50 m long, 20 m wide. The bell tower culminates at 37 m in height. A vast building in the Baroque style, the church is adorned with 3 naves and 4 semi-circular bays.

Guided tour every Wednesday at 10:30 a.m.

Informations and reservations: 04 94 76 01 02



FAYENCE : ALSO SEE

Chapelle Notre-Dame des Cyprès : Built by the brothers of the Abbey of Lérins in the 10th or 11th century. Located 2 km from the center of the village, on the D19, this squat chapel with its Romanesque bell tower, its particularly harmonious assembly of stones, gives off an impression of serenity.

593 Route de Seillans 83440 Fayence

Chapelle Saint-Roch : Contiguous to the village, it guarded one of the gates of the urban enclosure: the Porte Sarrasine. It thus assumed its protective role, like the other chapels: Saine-Anne and Saint-Pierre.

25 Rue Saint-Roch 834409 Fayence

The 13 fountains of Fayence : They are in the center of the village. Fed all year round with very pure spring water, the most beautiful are: the Paty fountain, the Place de la République fountain, the Gabriel-Péry fountain, the Roy fountain-washhouse, the Rue Grande of the Castle.

The eco-museum of the Pays de Fayence : created to encourage dialogue between generations around objects, tools and machines that bear witness to the past, is gradually revealing itself as an exceptional place.

Located along a small river, in a large garden, two old water mills and their outbuildings house real treasures.

The museum is not only turned towards the past, it gives a great place to the renewal of agriculture in connection with the ecological challenge.

A children's course is possible.

541b Chemin de Seillans, 83440 Fayence

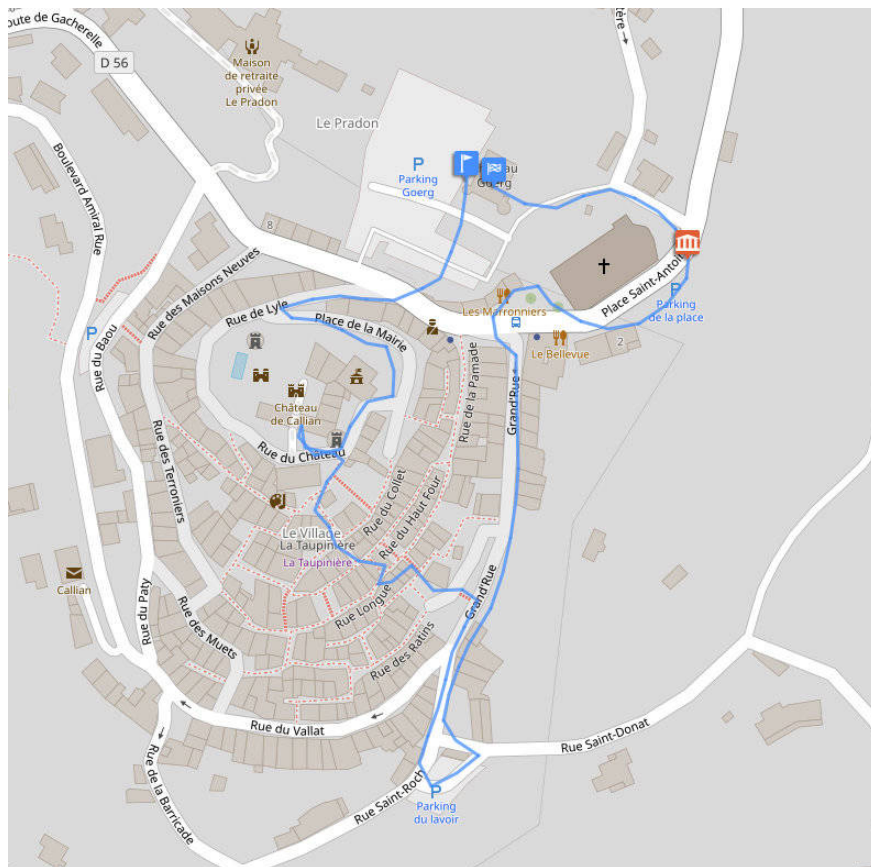
☎ 09 82 25 39 45 - www.paysdefayence.com



CALLIAN HERITAGE TOUR - 1,5 KM - 1 H

Callian, the medieval charm in heritage.

This route will allow you to discover timeless monuments and typical Provençal streets.



Departure point : Free parking Goerg

Goerg Castle

Clock tower

Medieval Castle

Chapel of the Penitents

Guided tour of the village of Callian every Tuesday at 10:30 a.m.

Reservations on 04 94 76 01 02

Saint-Roch laundry

Fountain "The Waterfall"

Church of ND de l'Assomption



MONS HERITAGE TOUR - 1 KM - 1 H

Mons, a village of character, has managed to retain all its authenticity.

Along the streets and crossings, the old walls of the village tell their stories. By following the wrought iron signs, discover the ancient trades of Mons.



Departure point : Free parking Place Saint-Sébastien

San Sebastian Square

Old Castle

Chapel of the White Penitents

Terrace of the Chapel of the Lord

House Monsoise

Church of ND de l'Assomption

Lou Fournas

Marine and Mountain Exhibition

Guided tour of the village of Mons every Friday at 10:30 a.m.

Reservations on 04 94 76 01 02



TOURRETTES - THE OPEN-AIR MUSEUM

The open-air museum of Tourrettes was born from the ambition of an association "Tourrettes Héritage" to create a permanent artistic route in the heart of the historic village.

This perched village, already endowed with a crazy charm, wanted, for the pleasure of everyone, to stage its alleys, its squares, its doors thanks to the exhibition of numerous works of art (approximately 70) which will guide you and will accompany you during your visit.

Along the narrow streets, you will discover a great diversity of works both in terms of the technique used (painting, ceramics, sculpture, etc.) and the different talents of each of the artists. All these artists have voluntarily and freely offered their creations, each with their own style and artistic sensibility. The only constraint is to adapt to the support: here a wall, here a door or even a staircase.

What a great challenge and what a great opportunity for these artists to change venues and media for this occasion. Thus they remain faithful to the initial idea which is the following : "in Tourrettes, Art dresses the stones".

Do not hesitate to come and stroll through these picturesque alleys, letting yourself be guided by art in all its forms. During your walk, which is as pleasant as it is cultural, you will also have the opportunity to visit around ten artists' studios who will be there to welcome you, whom you will be able to see working and with whom you will be able to discuss their art, their know-how. do and even their view of the world.





VISITS AND ACTIVITIES | Sporting activities

The Pays de Fayence awaits you with a large number of varied sports activities on the program.

TENNIS

Tennis Club de Fayence

The Fayence club, open all year round, has 4 courts, 3 of which are lit, for courses, individual or group lessons, tournaments or hourly rentals. A friendly club house with relaxation area: café, TV and changing rooms.

Impasse Grand Jardin, 83440 Fayence

 04 94 84 17 60  9 min (4,8 km)

www.tcfayence.fr - mail : tennisclubfayence@yahoo.fr


CLIMBING - BLAVET GORGES

Major spot of the Var, the Gorges du Blavet located 6 km from Bagnols-en-Forêt are a small wooded canyon where a stream flows.

Climbing here is characterized by an athletic style. Its routes of all levels (450 equipped routes from level 3a to 8b) have offered an alternative to all climbers in the south of France for 30 years.

Initiation: routes for beginners are found in the "Colle Rousse" sector, the ideal spot for those who want to take on the wall for the first time.

Blavet climbing site: Route du Muy D47, 83600 Bagnols-en-Forêt

 28 min (19,7 km)

Informations : Bagnols-en-Forêt tourist information office

575 Grande Rue, 83600 Bagnols-en-Forêt -  04 94 76 01 02



CYCLING

Mediterranean Cycling Tour

La Méditerranée à vélo is the French part of Eurovélo 8, one of the cycle routes of the cycle route network project which will eventually link 11 European countries together. This route connects Spain to Greece then Cyprus over 5,888 km, including 26 km in the Pays de Fayence, from Seillans to Montauroux. This route will allow you to discover the perched villages of Seillans, Fayence, Tourrettes, Callian, Montauroux by taking the old railway line from Meyrargues to Grasse.

Starting point : Domaine de Méaulx Viaduc du Rayol- Seillans 83440 Fayence

Informations : www.paysdefayence.com

MTB routes

The Pays de Fayence mountain bike routes are designed for families and accessible to everyone.

Pedal in a green setting surrounded by century-old oak trees!

Information and routes at www.paysdefayence.com

GOLF

Terre Blanche Golf

Terre Blanche Golf benefits from two of the most prestigious courses in Europe, which appeal to golfers of all levels with their aesthetic quality and the exceptional maintenance they enjoy all year round.

Labeled "European Tour Destination", located in the neighboring town of Tourrettes, it includes 2 18-hole courses, a driving range and a training center "Albatros Golf Performance Center" with Leadbetter Academy and Biomechanics Center.

Course: Le Château – 18 holes – 6,616 metres. A magnificent challenge for ambitious golfers whose length and precision will be rewarded.

Course: Le Riou – 18 holes – 6,005 meters. On the hillside, facing the Provençal villages of the Haut Var, the Riou is a technical course that requires game strategy and precision.

3100 Route de Bagnols-en-Forêt, 83440 Tourrettes

 04 94 39 90 00 - reservations.tbhotel@terre-blanche.com -  14 min (7,7 km)



FAYENCE - TOURRETTES AERODROME

Gliding center

Fancy a glider baptism ? Thanks to one of the best sunshine in Europe, vigorous thermal convection, the Fayence gliding center benefits from exceptional conditions. You will be able to discover all the facets of this sport and escape above the perched villages while enjoying an exceptional landscape.

The Fayence-Tourrettes gliding center is open all year round and is ranked 1st club in Europe in flight hours.

Different formulas will be proposed to you:

- Discovery: initiation flight of 30 min or discovery formula in immersion from 1 to 6 days with flights of several hours per day.
- Learn to fly: the club allows you to pass your pilot's license and practice on a simulator
- Improvement

Gliding center

Quartier Malvoisin, 83440 Fayence

☎ 04 94 76 00 68 - www.aapca.net - 🏠 11 min (5,9 km)

ULM Pilot School

Several formulas will also be offered to you to discover the ULM.

- Maiden flight: 25 min - €90
- Discovery flight: 1 hour - €140
- Initiation piloting: 25 min - €90

254 A, Chemin de l'Aérodrome, 83440 Fayence

☎ 04 93 67 05 11 / 06 09 52 03 80 - www.ulm-morosini.com -



HIKING

With its 200 km of marked trails, the Pays de Fayence is a privileged place for hiking enthusiasts. Discover the villages and nature!

All the hikes are thematic and will guide you to the natural but also cultural heritage (chapels, bories, villages...)

Find all the hikes on : www.paysdefayence.com

Or in all the Tourist Offices of the perched villages.

RIDING

An exciting alternative to hiking : always supervised by professionals, horseback riding will allow you to discover the nature and landscapes of the Pays de Fayence in a different way.

Several equestrian centers spread over the territory of the Pays de Fayence offer formulas for young and old.

Find some of these formulas on www.paysdefayence.com

BOULODROME

Fayence communal pétanque court

Rue du Château, 83440 Fayence



5 min (3,3 km)



VISITS AND ACTIVITIES | Saint-Cassien Lake

A must in the Pays de Fayence ! On this 420-hectare body of water, many activities are available to you: water games, pedal boats, inflatable games, fishing, rowing, hiking, catering. Initially intended for the production of hydroelectric energy, the lake has become a coveted recreational area that remains fragile. It is up to everyone to respect the site, the fauna and flora.

Some equipped beaches also offer deckchairs where you can multiply the activities, between sunbathing, swimming, nautical activities and having lunch with your feet in the water.

OKWIDE ECO BEACH

Multi-activity leisure center on the shores of Lake Saint-Cassien. A space dedicated to family and outdoor recreation offering many activities: Pedalos with or without slide, Water park, Paddle, Wing paddle, Canoes, Trampoline, mechanical and electric mountain bike rental.

RD 37 Pont du Pré Claou, 83440 Montauroux

☎ 06 13 83 12 83 - www.okwide.fr

NAUTICAL CLUB - SAILING SCHOOL

All public on paddle & kayak (except in Sailing for people initiated from level 3 FFVoile.)

- Rental is offered by the hour, half-day or full day.

Booking methods: by email or by phone

- Single Double or Quatro Kayak,
- Paddle,
- Optimists,
- Caravel,
- Teddy catamaran or NewCat 12

RD 37 Maison du lac, 83440 Tanneron

☎ 06 13 38 54 87 - www.leclubnautique.fr



RESTAURANT BEACH OF "CHEZ PIERRE"

On the beach of "chez Pierre" you can rent pedal boats, kayaks, paddles and deckchairs.

Chez Pierre has an inflatable water park and an electric boat course for children from 2 years old.

RD 37 Lac de Saint-Cassien, 83440 Tanneron

☎ 06 12 91 25 51

RESTAURANT BEACH OF "LE PRE CLAOU"

Rental of pedal boats, canoes, stand-up paddles and deckchairs in the heart of a small cove on Saint-Cassien Lake, near the Pont du Pré Claou.

RD 37 Lac de Saint-Cassien, 83440 Montauroux

☎ 06 10 82 03 63

MACAO BEACH

Treat yourself to a ride in pedal boats, canoes, kayaks, paddles and electric scooters. On site you can also rent your shaded picnic table at the edge of the water or even a deckchair.

Bar Service on the beach and restaurant service.

RD 37 Lac de Saint-Cassien, 83440 Tanneron

☎ 06 15 93 47 05

INTERNATIONAL ROWING BASE

This club offers different formulas for practicing rowing with the supervision of qualified instructors. Possibility to rent a boat for half a day as well as a day or to register for courses – initiation, children and advanced training. The Saint-Cassien lake basin offers many possibilities, including rowing for 6 kilometers non-stop, an ideal distance for hiking.

855 Chemin du Gabinet, 83440 Montauroux

☎ 06 89 32 39 72 - www.saintcassienrowingcenter.com



MAISON DU LAC - TOURIST OFFICE

A single place to discover the Pays de Fayence through its Heritage, its 9 Perched Villages, its activities, its entertainment, its accommodation and its Local Products.

Visit the “Espace Découverte”: a scenography on the historical themes of the Pays de Fayence, the EDF dam, geology and the chronology of human presence will allow you to find out more.

Immerse yourself in the Pays de Fayence through a table of the territory in relief with mapping, video screens, explanatory panels and a cabinet of curiosities space.

RD 37, 83440 Tanneron

☎ 04 94 76 01 02 - www.paysdefayence.com

FONDURANE BIOTOPE

On the eastern part of the lake, is the Fondurane biological reserve managed by the CEN PACA (Conservatory of natural spaces of Provence Alpes Côte d'Azur) it is home to a wide variety of birds (182 species observed) as well as the European pond turtle from Europe, the Red Swallow, one of the three stations of the Faux Cork Oak and the Hairy Oak. The discovery of the site is very accessible for families. After a 30-minute walk in the reserve, an observatory will allow you to discover the many species that nest on this part of the lake.

Chemin de Fondurane, 83440 Montauroux

☎ 04 94 76 01 02 - www.paysdefayence.com





VISITS AND ACTIVITIES | Siagne Canyon

A small river (because it flows directly into the Mediterranean Sea), the Siagne and its canyon form an exceptional environment thanks to its reliefs, its waterfalls, its natural bridges, its caves and its pure and clear water. Many activities are offered to discover this fabulous place: hiking, aquatic hikes, caving, climbing, canyoning...

From Montauroux, take Chemin du Stade and park at the end of the road at the Stade du Défens car park.

PONT DES TUVES

This bridge built in 1802 overlooks the Siagne and connects two departments, the Var and the Alpes-Maritimes.

It is often confused with a Roman bridge, built further upstream.

To get there : 30 min walk from the Stade du Défens in Montauroux. From the Stadium, follow the Gorges de la Siagne circuit (signs and yellow markings) At the fork at a cistern, turn right towards the Tuves bridge and continue on the path which descends steeply into the forest for another 1, 5 km (approximately 280 m drop).

Once arrived, enjoy the turquoise water and the surrounding nature. A nearby waterfall will give you a refreshing break after the walk.

AQUATIC WALK

Aquatic hiking, quieter than canyoning, consists of walking down the bed of a mountain stream.

Accessible from 6 years old, for motivated little walkers.

On the program : stroll in the turquoise waters, swimming in the natural pools, waterfall jumps of up to 9 m (possibility of bypassing the sides), slides in the natural slides.

Round trip, with a lunch break in the middle of the Gorges de la Siagne. The experienced guide will make you aware of the life of the surrounding fauna and flora. You will keep the fabulous memory of a day, in this exceptional setting (cool & shaded).



In season and by reservation.

☎ 06 12 03 76 80 - www.backtothetree.fr

POTHOLING

Discover the underground world with Gilles and visit the Gorges de la Siagne ! 2 circuits are possible depending on your experience: a discovery circuit (easy) and an exploration circuit (medium level).

☎ 06 12 03 76 80 - www.backtothetree.fr



VISITS AND ACTIVITIES | Nature, Parks and Gardens

For garden lovers, the Pays de Fayence offers magnificent places where nature has been skilfully tamed.

GOERG GARDEN

Located in the town of Callian, this public garden open to all offers several activities, organized by the media library throughout the year. You can also plan a picnic there because tables provided for this purpose are installed there.

Have :

- View of the bell tower of Notre-Dame de l'Assomption de Callian
- Tomb of Edouard Goerg

Address : Chemin Edouard Goerg, 83440 Callian



15 min (9,4 km)

"CAMPAGNE SAINTE MARIE"

In the heart of a countryside located in Tournettes, a charming village of Var character, the garden of the "Campagne Sainte-Marie" opens its doors from April to November. Ms. Nicole Rengade, creator of this Eden will accompany you for a 3-hour guided tour.

In this seven-hectare property which includes a nursery, a restored farmhouse and a gallery where artists can exhibit their works,

you will make many discoveries while strolling through the aisles.

Mulberry trees, olive trees, yews, gleditschias, oaks, cypresses, boxwood, fig trees display their tortuous trunks and provide visitors with their beneficial shade. A stream meanders through the field after flowing into a washhouse where washerwomen once came to wash their clothes

Many roses, multiple perennials and evergreens unfold a flowery and fragrant space all year round. A refreshment will be offered to you by the owner of the premises.

After the visit, you can stay and enjoy these beautiful gardens in your own way : put down your easel and paint, read a book, have a picnic, breathe...



Prices : €8 (adults + teenagers) / free for children under 12

Route de Mons, 83440 Tourrettes

☎ 06 30 37 30 68 - campagne-ste-marie.monsite-orange.fr

Located only 550 m from our house going down towards Fayence by the RD 563. In the big bend on your right.

MANDARIN BAMBOO

By following the maze of shady alleys, you will discover more than 80 varieties of bamboo, tree ferns, beds of irises. You have to take the time to listen to this nature and let yourself be won over by the serenity of the place.

Address : 5600 RD 562 Pont de Siagne 83440 Montauroux

☎ 04 93 66 12 94

🏠 23 min (16,1 km)

COMMENTED NATURE WALKS

In the Pays de Fayence and the surrounding area, Marjorie Ughetto, Naturalist Guide, takes you on a discovery of the local environment, fauna and flora and shares her rich knowledge with you during cultural and sensory walks.

Rocks and minerals, edible wild plants, animal species, scents and colors reveal themselves to you.

Take the time to discover, to let your senses go in a rich and preserved nature. The guarantee of a moment of relaxation and communion with nature.

☎ 06 08 33 08 68 - www.marjorieautresregards.com

MIMOSAS

Make a stop at km 112 of the mimosa route, you will arrive at the village of Tanneron. Tanneron is the municipality with the most mimosa flowers, with its veritable "yellow forests". It is the largest area planted with both cultivated and wild mimosas in France!

The culture of mimosa on the territory of Tanneron is today one of the most beautiful jewels of this endearing commune. Its massif is home to 200 hectares of trees. These fluffy, bright yellow, fragrant little balls are beautiful to see in their natural environment.

Flowering of the mimosa: from mid-February to mid-March (on average depending on the year)





VISITS AND ACTIVITIES | Welfare

Why not dedicate one of your days to taking care of yourself ? The Terre Blanche Spa, the Aquaroma Spa or the Ohh-Spa Pilates will open their doors to you to find yourself in soothing places with a gentle atmosphere. Or even better why not enjoy a massage at home at La Bastide Haute ?

TERRE BLANCHE SPA

Nestled in the heart of typical Provençal vegetation, the Spa is a temple of beauty offering endless possibilities, whatever your well-being objective. Its soothing atmosphere extends over 3200m² and provides tranquility to recharge your batteries.

3100 Route de Bagnols-en-Forêt, 83440 Tournettes

 04 94 39 90 00 ou 04 94 19 10 60 - www.terre-blanche.com  13 min (8,3 km)

OHH - SPA PILATES

It's the right time to get back in shape : Spa Pilates offers Aqua-training sessions with aquabike, aquatrampoline, aquapalming... Heated swimming pool all year round. Personalized coaching possible.


235 Chemin de l'Aven, 83440 Montauroux

 06 74 88 64 03  14 min (8,9 km)

AQUAROMA SPA

The Spa Aquaroma is laid out in a relaxing and refined setting, conducive to relaxation and well-being. This oasis of tranquility, which combines the virtues of water with those of massages, offers numerous facilities and treatments suitable for all ages.


Domaine de Fayence, 566 Boulevard des Claux, 83440 Fayence

 04 98 10 49 71  11 min (6,4 km)



HOME MASSAGE

If you do not want to move, we can recommend Laurie, masseuse at home who can come to our villa to perform the service that suits you best and meets your expectations.

 06 58 99 58 97 - www.laurie-serenity.fr



VISITS AND ACTIVITIES | For kids

A family vacation ? you will be seduced by the many possibilities of occupation for your children and teenagers: amusement parks, nature games, adventure course, playgrounds, laser-game, mini-golf, karting, pony rides...

Saint-Cassien Adventure

A multitude of nautical activities, relaxation areas, restaurants and picnics.

Children's area :

Ideal for young children, from toddlers (2 years old) to older children (10 years old and over), Les Petits Aventuriers is above all an ideal activity to do as a family.

Admission includes :

A space equipped with games oriented towards nature: wall of touch, observation cabin, Indian teepee, sandpit, gardening workshop and odorama.

A sensory and motor skills course around the development of the senses divided into 3 zones : barefoot course with 8 workshops, silence zone where you learn a lot about nature and finally motor skills and agility course.

Without forgetting the final photo ;

Chemin du Gabinet 83440 Montauroux

☎ 04 94 40 83 83

🏠 20 min (11,7 km)

www.lac-saint-cassien-aventures.com - réservations en ligne

Ajustadous Area

The relaxation, leisure and picnic area offers everyone a wild and natural setting.

Ideally located in the Siagne Gorges, at the confluence of the Siagne and the Siagnole, it allows you to take full advantage of its landscape for a well-being, distraction and snack break.


At the heart of a Natura 2000 site, not far from Saint-Cézaire-sur-Siagne, Callian, Montauroux and Mons, the ajustadous area is a pleasant space for walks and relaxation for young and old.




Reservations : 06 38 29 64 62.

In summer, daily from 11 a.m. to 7 p.m.

Chemin de Saint-Cézaire D656, 83440 Mons

 04 93 66 50 03 - www.ajustadous.fr


 26 min (18,3 km)

Vikings Park

With family, friends or for an event, Vikings Park offers several leisure activities:

- Giant nets "from 12 months"
- The outdoor Laser Game "from 1.10m"
- The acrobatic course in the trees "from 1.10m"
- Mini golf "for all ages"
- Orienteering races "for the whole family"
- A play structure for toddlers
- Ax throwing in an inflatable structure
- A snacking service is at your disposal

Chemin du Stade, 83440 Montauroux


 06 66 53 74 28 - www.vikingsparc.fr

 22 min (13 km)

Montauroux playground

Kindergarten open every day, located in the heart of the village, within the confines of an old restored washhouse. Free access.

Rue de La Fontaine, 83440 Montauroux

 04 94 50 41 00

 17 min (9,5 km)




Loc’Karts Montauroux


On the heights of the village, 1500 m² of outdoor circuits with a view of the Estérel and relaxation area for all.

Activities with multiple positive facets: safe and without danger, sporty but each at their own pace, non-polluting and silent.

- Pedal go-kart for everyone.
- Electric Buggy
- For those over 25 kg, discovery of the hoverboard...
- For the + 20 kg, practice of the hoverkart
- For the most seasoned, surfboard
- For the little ones, CARS bouncy castle

148 Boulevard du Belvédère, 83440 Montauroux

 06 88 85 06 02 - <https://lockarts-montauroux.fr>

 20 min (12,3 km)

Sailing school of Saint-Cassien

Sailing lessons and paddle rental, kayaking, courses for children.


In season : spring and summer.

Sailing camp during school holidays.

Voile St-Cassien Dinghy Fun School

Maison du Lac D37, 83440 Tanneron

 06 13 38 54 87 - <https://voilesaintcassien.fr>

 22 min (15,7 km)



Pony rides - Les Poun's en Herbe

Let your children (from 2 years old) enjoy a pony ride in the middle of nature. This walk will be supervised for the safety and pedagogy of the little ones ! The ponies will be held in hand by the parents, a member of the team will lead the activity and the little ones will be able to take care of their pony after the ride.

Other walks and possibilities to see on the website:
www.centre-equestre-montauroux.fr

Les Poun's en Herbe chemin Fondurane, 83440 Montauroux

☎ 06 76 80 00 89

🏠 16 min (10 km)

La Ferme d'Idefix

Educational farm with many animals : llamas, sheep, goats, zebus, dwarf cows, ponies, rabbits, ducks, peacocks, turkeys etc...

Guided tours by reservation and entertainment.

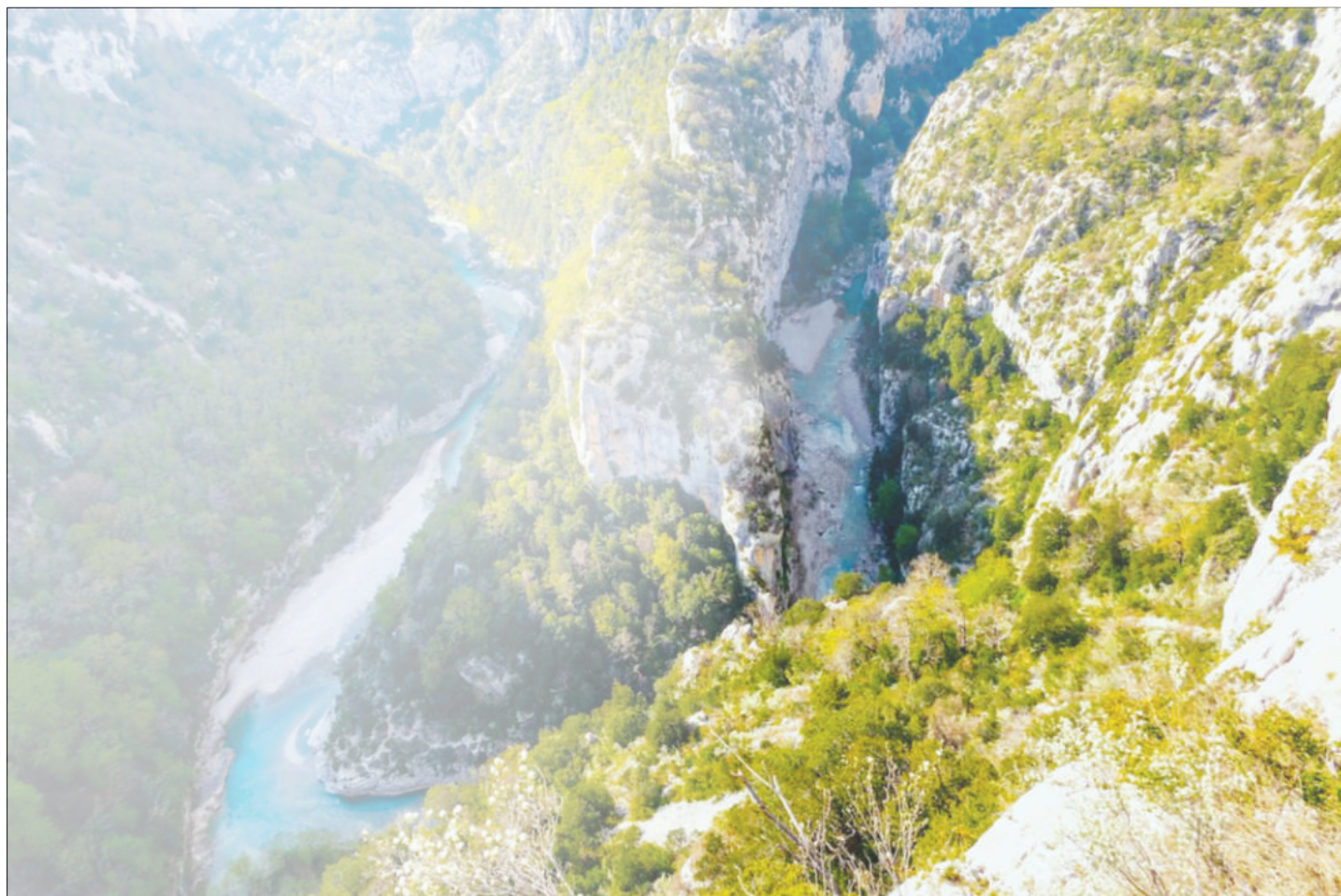
La petite ferme d'idéfix, c/o les écuries de Saint-Denis
1595 chemin de saint-denis, 83600 Bagnols-en-Forêt

☎ 06 73 84 54 37 - <https://ferme-idefix.wixsite.com>

🏠 24 min (17 km)



TO GO FURTHER



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TO GO FURTHER | Grasse and Preapes

GRASSE - 40 MIN (30 KM)

A Provençal country with discreet charm with the city of perfumes as its capital, the Pays de Grasse represents the most beautiful balcony of the Côte d'Azur. With its 23 municipalities, a mosaic between plains and mountains, the Pays de Grasse is an essential destination halfway between the sea and the mountains to fill up on leisure activities...

Grasse, city of art and history and world renowned for its perfume and aroma industry, will seduce you with its charm and the diversity of its assets both culturally and aesthetically.

Fragonard Villa-Museum

This elegant country house from the end of the 17th century, embellished with a magnificent garden, houses the works of the famous Grasse painter Jean-Honoré Fragonard and his descendants.

Open during school holidays.

23 Boulevard Fragonard, 06130 Grasse

☎ 04 97 05 50 49 - www.museesdegrasse.com

Fragonard Perfumery - Historic Factory

The historic Fragonard factory is a production factory in operation dating from the 19th century, in which you can follow the steps in creating a perfume, in a traditional and authentic setting.

Guided tours.

20 Boulevard Fragonard, 06130 Grasse

☎ 04 93 36 44 65 - www.fragonard.com



Gardens of the International Museum of Perfumery

In the unique setting of the Gardens of the International Museum of Perfumery, you can discover and smell these species which have provided precious raw materials for perfumery for centuries.

979 Chemin des Gourettes, 06370 Mouans-Sartoux

☎ 04 92 98 92 69 - www.museesdegrasse.com

Navy Museum - Admiral Memorial of Grasse

Museum devoted to the life and career of a great sailor from Provence and his companions : François-Joseph Paul Comte de Grasse (1722-1788).

Thirty ship models are exhibited.

2 Boulevard du Jeu de Ballon, 06130 Grasse

☎ 04 93 40 11 11 - www.museemarinedegrasse.com

Cathedral of Notre-Dame du Puy

Old 13th century cathedral. In a roman style, it houses paintings by famous painters : Rubens, Nègre, Fragonard etc...

6 Place du Petit Puy, 06130 Grasse



PREALPES REGIONAL NATURAL PARK

Just above Grasse is the Regional Natural Park of the Prealpes d'Azur. In a natural and protected environment, discover wide open spaces...

Mont-d'Azur Nature Reserve

A few kilometers from Cannes, La Réserve des Monts d'Azur is an exceptional model of rewilding.

The behavior of wildlife is studied there in order to assess the possibilities of reintroducing the European bison and Przewalski's horse into the natural environment.

Safaris on foot (2h) not recommended for children under 6 or by horse-drawn carriage (75 min).

Online reservations (recommended)

2561 Route des Châteaux, 06750 Thorenc

☎ 04 93 60 00 78 - www.reserve-biologique.com

🏠 50 min (42,2 km)

Cave of Baume Obscure

It is in a natural and preserved space that a true jewel of Nature has been hidden for millennia: La Grotte de Baume Obscure.

A little-known natural heritage to discover in a typically limestone environment : the karst.

The cave and its surroundings are a delight for nature lovers and for any visitor in search of authenticity and picturesqueness.

Self-guided or guided tours, treasure hunts, games, etc.

2600 Chemin Sainte-Anne, 06460 Saint-Vallier-de-Thiery

☎ 04 93 42 61 63 - www.baumeobscur.com

🏠 50 min (35,5 km)





Calern Plateau Observatory

During a guided tour of about two hours on a very wild and protected plateau, endowed with endemic and rare flora and fauna, discover the scientific activities of our observation site. From the measurement of the Earth-Moon distance to a giant camera, passing by a building with unexpected shapes, you will learn how the instruments it houses make it possible to obtain information about our Universe that is inaccessible with conventional telescopes.

Online reservations : <https://www.oca.eu/fr/visites-individuels/decouvrez-le-site-du-plateau-de-calern>

Observatoire Astronomique, 06460 Caussols

 04 93 40 54 54

 1 heure (50 km)



TO GO FURTHER | Gorges du Verdon - Famous Canyon

Only 1h20 by road from La bastide Haute, discover the Verdon Canyon...

Natural border between the departments of Var and Alpes-de-Haute-Provence, the Gorges du Verdon, located between Castellane and Moustiers-Sainte-Marie, are an exceptional natural site with contrasting landscapes.

Hikers have the choice between several marked trails such as that of Blanc-Martel which takes you to the heart of the gorges and to the foot of the cliff's. A must!

Lined with multiple belvederes such as the Balcons de la Mescla or the Point Sublime, the tourist route of the gorges offers a pleasant and very beautiful trip by car. You can also leave your vehicle in favor of the electric bike and ride the ridge road from La Palud-sur-Verdon which offers superb views.

Activities to do on site :

- Canyoning
- Bungee jumping
- Rafting
- Hydrospeed
- Canoe Kayak
- Via ferrata
- Paragliding
- Horse riding
- Hikes

Places to discover:

- Lake of Sainte-Croix
- Balconies of the Mescla
- Villages: Moustiers-Sainte-Marie, Rougon, La Palud-s/Verdon...
- Sublime Point
- Martel Trail

More information on www.lesgorgesduverdon.fr





TO GO FURTHER | Dracénie and Center Var

The religious fervor of the Middle Ages led to the construction of many buildings and fortified villages, characteristic of the Dracénois country. A land of contrasts, the landscapes are composed, to the south, of a fertile plain planted with vineyards and olive trees, and to the northeast, of a tormented relief with forests of pines and holm oaks. Capital of Haut-Var, Draguignan is a crossroads of communication between the Var coast and the Verdon countries. The gastronomy and wines represented by the famous Côte-de-Provence, contribute to the art of living in this gourmet region.

DRAGUIGNAN - 42 MIN (34,3 KM)

Draguignan, capital of Dracénie


Emblematic of the history of the Var, Draguignan "Cité Comtale" has always defended its Provençal culture.

Around its "Clock Tower", wide boulevards, pedestrian streets and museums, the city of the Dragon combines all the facets of a capital.

Museum of Popular Arts and Traditions of Middle Provence

In the heart of the old quarters, this museum has one of the finest collections of ethnographic objects in France. Everything is there for a journey rich in discoveries for young and old. The rooms offer a relaxing and instructive visit in the footsteps of millers, winegrowers, shepherds...


15, Rue Joseph Roumanille, 83300 Draguignan

 04 94 47 05 72 - www.culture.dracenie.com

Artillery Museum

In the prestigious artillery school of Draguignan. Free admission.

Avenue de la Grande Armée, 83300 Draguignan

 04 83 08 13 86



ESSENTIAL SITES OF THE DRACENIE

Thoronet Abbey

Founded in 1146, Thoronet Abbey in the Var is one of three Cistercian abbeys in Provence, along with those of Silvacane and Sénanque.

Nestled in the heart of the Mediterranean forest, in an isolated place in the hinterland of the Massif des Maures, it represents a real architectural gem.

Abbaye du Thoronet, 83340 Le Thoronet


 04 94 60 43 90 - www.monuments-nationaux.fr

 65 min (80 km)

Le Parage (Les Arcs-sur-Argent)

Ancient medieval city built on a rocky promontory, it dominates the current city. The narrow streets huddle around the 11th century keep and the ruins of the castle.

83460 Les Arcs


 49 min (45 km)

The Sillans Waterfall

A Provençal nugget protected by its fortified enclosure and its defensive towers, Sillans-la-Cascade is home to squares, art galleries and gourmet breaks.

Nestled in the heart of the forest, the superb waterfall in the colors of the lagoon adds to the magic of the place and perpetuates the image of the village.

83690 Sillans-la-Cascade

 73 min (62 km)

Salernes, ceramic earth

For 7000 years the village of Salernes has combined water, earth and fire and imposed its alchemy.

High place of manufacture of the famous "tomettes", the know-how of the craftsmen has been able to adapt to be sought today by the greatest architects and decorators.

83690 Salernes

 67 min (56 km)





Sainte-Roseline chapel

Built in the 11th century, the Sainte Roseline chapel houses relics and contemporary works of great value (Chagall paintings).

Tradition associates the Sainte-Roseline chapel with the former monastery of La Celle-Roubaud, named after a hermit who came to find peace in these places. The chapel still houses the relics of Sainte-Roseline, a Carthusian sister then prioress of great piety, to whom many miracles are attributed. The remains are displayed in a crystal shrine.

Route Sainte-Roseline, 83460 Les Arcs

 04 84 73 37 30

 44 min (41 km)


GREEN PROVENCE - AROUND COTIGNAC

Cotignac and its rock

The tuff cliff of Cotignac, which everyone here calls Le Rocher, is 80 meters high and extends over 400 meters. It is the imprint of the bed of the Cassole river, diverted by man, which flows today to the east of the village. But the rock is also testimony to the existence of a troglodyte habitat that can still be visited. Some current dwellings are still imbricated in the rock.

Cotignac is the St-Trop' of Provence Verte & Verdon. Apart from the animation guaranteed on its course, these small picturesque streets offer a shelter of choice to many shops, especially decoration, where it is good to stroll to unearth the "must have".


83570 Cotignac

 1h24 (70 km)

Notre-Dame de Grâces Sanctuary

The scene of apparitions of the Virgin Mary twice and of Saint Joseph, Notre Dame de Grâce is not only a spiritual place but also a historical one. Indeed in 1637, following an interior revelation, Brother Fiacre had to say three novenas to the Blessed Virgin, including one in Cotignac. Nine months later was born Louis XIV, who, grateful, came on pilgrimage with the Queen Mother at the beginning of his reign.

Mont Verdaille, Quartier Notre Dame, 83570 Cotignac

 1h25 (70 km)





TO GO FURTHER | Estérel and French Riviera

Bordered on one side by the Mediterranean and on the other by limestone Provence, if there were only one left, the Massif de l'Estérel would be a must! Surprising and so characteristic, its red rock is drawn by abrupt reliefs which give the landscape a particular charm which will not leave you indifferent...

FREJUS - SAINT-RAPHAEL - 42 MIN (36 KM)

Fréjus and Saint-Raphaël, two exceptional neighboring towns, attract many tourists and artists every year in search of nature, history and art.

Troupes de Marine Museum

The Marine Troops Museum in Fréjus invites you to discover the history of overseas France and the Marine Troops. The weapons, which gave its colonial empires to France, reveal their history to us over the windows.

167 Avenue Troupes de Marine, 83600 Fréjus

☎ 04 94 40 81 75 - www.aamtdm.net/fr/musee/le-musee

Archaeological Museum

A large model of the Roman city of Forum Iulii, made in 2006, welcomes you at the entrance to this museum. The collections are presented in four rooms from the 13th and 16th centuries of the episcopal group of Fréjus. In each of them, through objects from archaeological research carried out from the 17th to the 20th century, an aspect of the history, town planning, economy and daily life of this city is approached at Roman era.

3 Place Calvin, 83600 Fréjus


☎ 04 94 52 15 78 - <https://frejus.fr/decouverte/musee-archeologique>



ZOO

This private and family park works with a small motivated team and has the well-being of its residents as its daily concern. The conservation and preservation of biodiversity are the major objectives of this team, which is also dedicated to raising awareness among its visitors by offering them educational activities allowing them to better understand the species presented to them.

240, Rue Hubert Masquefa, 83600 Fréjus

 04 98 11 37 37 - www.zoo-frejus.com

Old Town of Saint-Raphaël

You must first discover the narrow and shady alleys of the old town which was called "village district". It was that of the peasants. There is also a typical Provençal flower and vegetable market held there every day. Visit the Church of San Raféu (also called the Church of the Templars or Saint-Pierre), dating from the 12th century and enlarged in the 18th century, whose presbytery houses the archaeological museum. Then, from the top of the watchtower (13th century), enjoy the superb panorama over the bay.

83700 Saint-Raphaël

The Corniche d'Or

40 km route, iconic of the Côte-d'Azur. Passing through the Estérel massif, it offers those who take it extraordinary landscapes. In the shade of the umbrella pines, you will walk along the famous rocks of the Estérel with a breathtaking view of the turquoise Mediterranean Sea.

Arène Grosse beach

Located at the port of Boulouris, Arène Grosse beach is renowned for being a pleasant sandy beach. The shady corners, the calm, the greenery make this beach a place very frequented by tourists during the summer.

83700 Saint-Raphaël



Ile d'Or beach

This private beach located in Le Dramont offers a magnificent setting just opposite the Ile d'Or ! Open from June to September, it also welcomes you to its restaurant La Plage de l'Ile d'Or with its beautiful shaded terrace.

Landing parking access.

83700 Saint-Raphaël

Buggy Ride

A hike in a private domain at the foot of the Massif de l'Estérel, where you will have to manage your curves and your crossings; then you will be taken along the Corniche d'Or between the azure blue of the Mediterranean and the red of the Esterel massif. A swimming stop in a creek is offered in summer.

964 boulevard de la 36ème division du Texas, 83700 Saint-Raphaël

<https://www.experiencecotedazur.com/activite/balade-buggy-2-heures-avec-tout-terrain-saint-raphael/>



CANNES - 51 MIN (43 KM)

From a modest fishing village to a world-famous seaside and cultural city, Cannes has forged a unique history, made up of passions and timely encounters as in the most beautiful love stories. Cannes, an exceptional "world village" is a setting of golden sand, with a dream bay bordered by the Lérins Islands, an ideal setting, whether you come for business or private reasons.

Lerins Islands

Facing the bay of Cannes and the Estérel massif, two spots of beauty, the Lérins Islands. Archipelago of legends, Sainte-Marguerite and Saint-Honorat are two unique jewels where natural and cultural heritage shine. These islands are the unmissable rendezvous of a stay in Cannes.

Sainte-Marguerite is the largest island in the Lérins archipelago. It owes its name to Marguerite, whom legend designates as the sister of Honorat, the hermit who founded the abbey on the neighboring island.

Smaller, the island of Saint-Honorat is also the richest in terms of its historical heritage. Founded in the 5th century by the Cistercian monk Honorat, the abbey of Saint-Honorat is a high place in Christian history. Strongly imbued with sixteen centuries of monastic life, the island is open to all, visitors in search of spirituality as lovers of authentic sites where the work of man mixes with the treasures of nature.

<https://www.cannes-destination.fr/visites-incontournables/iles-lerins-cannes>

Boat rental

Relax on your license-free boat on the Côte d'Azur. Before heading out to sea, the instructor will give you a briefing on marine safety and navigation in order to enjoy a safe outing. On the program, you will have the choice between exploring the Lérins Islands, the bay of Théoule-sur-mer, the magnificent coves of the Estérel, the Cap d'Antibes...

Boat Evasion Port du Béal, 110 Boulevard du Midi, 06150 Cannes

Autres sites d'exception

- La Croisette
- Le Suquet
- The old Port



GULF OF SAINT-TROPEZ - 1 H 30 (72 KM)

Jewel of the Var coast, the Gulf of Saint-Tropez, which runs from Ramatuelle to Sainte-Maxime, is a concentration of picturesque, lively and festive villages, surrounded by vast beaches and verdant nature.

Beaches

From La Croix-Valmer to Cogolin, the Gulf of Saint-Tropez presents a succession of wooded fine sand beaches, each more attractive than the next.

A Magnificent Nature

Far from the hustle and bustle of the city centre, the lush nature of the Gulf of Saint-Tropez can be discovered on foot from the Portalet tower, by the path that runs along the sea to the beach of Pampelonne. Along the way, we discover the bay of Canebiers, multiple cabins and the famous Madrague of Brigitte Bardot. Then we set off for a walk on the coastal path that starts from Cavalaire beach to reach Saint-Tropez via Cap Lardier and Cap Camarat.





Captivating villages

The narrow streets of Grimaud testify to the rich past of this village founded in the Gallo-Roman era. Architectural heritage and medieval remains make Grimaud a spot with undeniable charm. More contemporary, the Lacustre City of Port-Grimaud is the perfect alliance between village and sea. With its canals, its bridges and its small houses overlooking the water, it has everything of a little Provençal Venice. An architectural masterpiece, the Cité Lacustre is labeled "20th century heritage". To take a little height and enjoy an unparalleled view of the Gulf of Saint-Tropez, climb up to Gassin, classified as one of "The most beautiful villages in France". Finally, inland, the village of La Garde-Freinet, dominated by the remains of a medieval fort, offers visitors the charm of its pastel houses and fountains.







CONCLUSION

Dear tenants, dear readers,

We hope that reading this booklet has been a source of inspiration for you and that you have made the most of your time during your stay at LA BASTIDE HAUTE.

We hope you enjoyed advices in this booklet and welcomed them as enthusiastically as we put into writing them.

There are still many other places and activities to discover and this booklet cannot be completely exhaustive, those mentioned here representing for us the flagship of the region.

So we are happy to have transmitted to you, through these pages, a little of the local color that is so important to us.

Once your wanderings are over, we hope that LA BASTIDE HAUTE has been a place of peace for you where you have been able to relax.

This page is once again an opportunity for us to thank you for your presence at our house.

Finally, we sincerely hope that you will be keen to return to LA BASTIDE HAUTE.

Achard family,

and, in Provençal

A si vèire. A bèn lèu...



APPENDIX

List of Equipment :

Living room :

- 7-seater sofa with cushions
- Rattan armchairs (x2) with cushions
- Coffee table (x2)
- TV cabinet and television
- Magazine rack with magazines
- Side table with lamp
- Tray with vase and candles
- Console with chair
- Wooden table with decorative vase
- Decorative shelf with trinkets

Dining room :

- Ceramic table for 12 people
- Polycarbonate chairs (x14)
- Dresser with vases
- Decorative vase
- Tray with vase

Pink Room :

- Double bed with cushions
- Rattan headboard
- Integrated cupboard
- Bedside tables (x4)
- Armchair with cushion
- Shower room with: shower, vanity unit, mirror, hair dryer, wc, laundry basket, towel dryer

Blue Room :

- Double bed with cushions
- Rattan headboard
- Integrated cupboard
- Bedside tables (x2)
- Armchair with cushion
- Shower room with: shower, vanity unit, mirror, hair dryer, wc, laundry basket, towel dryer

Corridor R+1 :

- Integrated cupboard with fire extinguisher and cleaning equipment
- Niche with glass shelves (books and trinkets)

Kitchen :

- Kitchen furniture
- Sink
- Fridge Freezer
- Microwave
- 3-burner induction hob
- Dishwasher
- Ice maker
- Coffee machine
- Utensils (see details below)
- Small household appliances (see details)

**Terrace :**

- 5-seater garden furniture with cushions
- Low table
- Electric barbecue and utensils
- Ashtrays (x2)
- 6-seater outdoor table
- Outdoor chairs (x6)

Game room :

- Bookcase with books, DVDs
- 3-seater sofa with cushions
- Armchairs (x2) with cushions
- Low table
- Tray with candles and vase
- Audio player
- TV cabinet with television
- DVD player
- Carpet
- Lamps (x2)
- Side table
- Foosball with balls
- Trunk with games
- Cupboards with games, DVDs
- Washing machine
- Iron, laundry basket, cleaning kit, vacuum cleaner

Clearance :

- Coat hanger
- Cupboards
- Clotheshorse, ironing board
- Internet Box
- Hangers

- Fire extinguisher
- Toolbox, extension cords
- First aid box

Green Room :

- Double bed with cushions
- Rattan headboard
- Chest of 3 drawers
- Console with chair
- Bedside tables (x2)
- Armchair with cushion
- Shower room with: shower, vanity unit, mirror, hair dryer, wc, laundry basket, towel dryer

Beige Room :

- Double bed with cushions
- Rattan headboard
- Cupboard
- Bedside tables (x2)
- Armchair with cushion
- Bathroom with: bath, vanity unit, mirror, hair dryer, wc, laundry basket, towel dryer

Yellow Room :

- Bunk beds (x2)
- Chest of 4 drawers
- Table and chairs for children
- Bathroom with: shower, vanity unit, mirror, hair dryer, wc, laundry basket, towel dryer

**Terrace Pool :**

- Deckchairs (x4)
- Sunbeds (x2)
- Side table
- Outdoor armchairs (x2)

Garden :

- Ping pong table
- Outdoor armchairs (x4)

Others :

- Cot with changing table
- High chair
- Welcome product
- Wireless
- Seen
- Cleaners
- Linens provided
- RJ45 sockets
- Reversible climate control
- Smoke detectors
- Free parking

Details of dishes and utensils:

- | | |
|------------------------------------|---|
| - Flat plates (x24) | - Oven dishes (x5) |
| - Deep plates (x24) | - Casserole |
| - Dessert plates (x24) | - Wok pan |
| - Pasta plates (x12) | - Stoves (x3) |
| - Small white appetizer bowls (x3) | - Pans (x3) |
| - Small blue appetizer bowls (x3) | - Marmite |
| - Espresso cups (x24) | - Adapted lids |
| - Mugs (x12) | - Colander / colander |
| - Large plates (dishes) (x2) | - Trivets (x2) |
| - Salad bowls (x2) with cutlery | - Potholders (x3) |
| - Black cups (x12) | - Cutting boards (x3) |
| - Plastic glasses (x12) | - Cutlery (x24) (forks, knives, large and small spoons) |
| - Water glasses (x18) | - Kitchen knives (x6) |
| - Wine glasses (x18) | - Meat knives (x12) |
| - Champagne flutes (x12) | - Pasta spoon |
| - Jugs (x2) | - Ladles (x2) |
| - Tableware for children | - Spatula and skimmer |
| - Transparent salad bowls (x3) | |



- Hand whisk
- Kitchen scissors (x3)
- Peelers (x2)
- Corkscrews (x2)
- Rasp
- Wooden spoons (x3)
- Garlic press
- Boxes of toothpicks (x3)
- Maryses (x2)
- Ice cream scoop
- Brush
- Cake slice
- Pie molds (x3)
- Cake molds (x3)
- Funnel
- Measuring cup
- shaker
- Champagne buckets (x2)
- Fruit basket
- Drainers (x2)
- Sponge holder
- Plates and grid for the oven
- Household products

Details of small appliances :

- Food processor with blender
- Toaster
- Electric kettle
- Raclette / Stone grill
- Nespresso machine
- Ice maker